

## **Establishing and Achieving Academic and Career Goals through Student Planning**

Students make and expand choices geared towards their unique abilities, interests, and goals through the delivery of academic and career planning. Because they are prepared to apply theories of career development, highly skilled in the processes of decision making, goal setting and planning, and are knowledgeable regarding national, state, and local requirements, programs, and trends, professional school counselors are crucial in guiding students' academic and career planning.

Through the Kansas Comprehensive School Counseling Program professional school counselors:

- use individual planning sessions and small group and classroom instruction to deliver academic and career planning activities for all students to assist them in setting and attaining goals; deliver lessons and learning activities focused on decision-making, goal setting, interest inventories, career awareness, exploration and planning; college/post-secondary awareness, exploration and planning; choosing appropriate courses for post-secondary options. These are followed by small group and individual activities that help students integrate and apply these skills in making decisions and plans for their future.
- Collaborate with parents and teachers to assist students at key points of making academic and career planning decisions and in the development of personalized plans that address academic, career, and personal/social opportunities.
- Proactively assist students, parents, and staff in assessing student strengths and interests, encourage every student to select an appropriately rigorous and relevant program, and collaborate with administrators, teachers, staff, parents, and the community to ensure that all students have the opportunity to enroll in a rigorous and relevant academic and career program.